



2010 Adult Midwestern Sectional Figure Skating Championships

March 12-14, 2010
I/WSA FSC - Indianapolis, IN



CALLING ALL ADULT FIGURE SKATERS, NEW AND EXPERIENCED!

All skaters 18 years and older: Join over 100 fellow adult skaters of all ages and abilities, for an exciting weekend of camaraderie and competition in downtown Indianapolis.

HOSTED BY:

Indiana/World Skating Academy FSC
www.iwsafsc.org/adult_sectionals2010.html

A NON-QUALIFYING COMPETITION SANCTIONED BY US FIGURE SKATING

Sanction: # C-33019

NOTE: The QUALIFYING portion of the 2010 Adult Midwestern Sectionals is being held in conjunction with the Non-Qualifying competition outlined in this announcement.

For Qualifying events information, please visit:
www.usfigureskating.org/Programs.asp?id=112

EVENT LOCATION:

Indiana/World Skating Academy Rink number: (317) 237-5565
201 S. Capitol Ave, Suite #001 Rink website: <http://www.iwsa.org>
Indianapolis, IN 46225

LEVELS OFFERED:

(Non-Qualifying only)

Basic Skills through Masters/Senior/International

EVENTS OFFERED:

(Non-Qualifying only)

Free Skate	Pairs Free Skate	Free Dance
Compulsory Moves	Solo Dance	Compulsory Dance
Compulsory Spins	MIF & Footwork	Interpretive Lt./Comedy
Compulsory Jumps	Team Comp. Moves	Interpretive Art./Drama.
Extemporaneous Improvisation		

AGE CATEGORIES:

(Non-Qualifying only)

All non-qualifying events are open to skaters who will be 18 years of age as of Jan. 30, 2010. Proof of age will be required upon check-in at the registration desk (Driver's license, passport, or other valid government issued document displaying date of birth).

The following age categories apply to all singles events, but may be combined depending on the number of entries received:

Young Adult: 18 to 20 years	Class I: 21 to 30 years
Class II: 31 to 40 years	Class III: 41 to 50 years
Class IV: 51 to 60 years	Class V: 61+ years

CONTACTS:

LOC CHAIRPERSON

Registration

All general questions

Rochelle Revor
317-797-0282
rochellerevor@gmail.com

Sponsorship, Vendors, Programs & Advertising

Nikki Cunningham
ncunning3@yahoo.com
[http://www.iwsafsc.org/
amids10_vendors.html](http://www.iwsafsc.org/amids10_vendors.html)

Practice Ice

Mike Cunningham
mjc@uwalumni.com

RULES, CONDUCT and ELIGIBILITY:

2010 Adult Midwestern Sectionals Non-Qualifying competition is open to all eligible skaters who are members in good standing with the USFS* and will be governed by the rules specified in the 2009-2010 USFS rulebook, except as modified in this announcement.

- Skaters may enter events according to their age and test level as of Jan. 30, 2010.
- Non-qualifying events only: Skaters may compete at one level higher than the skater's current test level. However, skaters may only enter one level per event, with the exception of solo dance and team compulsory moves. (*i.e. a competitor can enter Bronze Free Skate only and not Silver Free Skate also; but a Bronze Free Skate competitor can also enter Silver Compulsory Moves*).
- When the number of entries permit, skaters will be grouped by age. Genders may be combined, with the exception of the free skate event.
- The competition committee and chief referee reserve the right to divide or combine any event if necessary and to cancel any event (with a full refund) due to lack of participants.
- Certification of a skater's good standing in their home club by a club officer, or Learn-to-Skate program instructor is required.

*Skaters entering *Basic Skills* events (or any events below Pre-Bronze) do not need to have USFS membership, but **MUST** have the signature of a USFS Registered instructor or Learn-to-Skate director.

ENTRIES and FEES:

- **All entries must be postmarked by midnight SATURDAY, JANUARY 30, 2010.**
- Non-qualifying events only: Late entries postmarked after Saturday, Jan. 30, 2010 — sent with a \$25.00 late fee — may be accepted at the discretion of the competition committee. If you plan to mail a late entry after Wednesday, Feb. 10, 2010, please contact Rochelle Revor at 317-797-0282 or rochellerevor@gmail.com to confirm entries are still being accepted.
- Make checks payable to I/WSA FSC—2010 Adult Sectionals.
- All fees must accompany the entry form.
- **No refunds** issued unless the event is cancelled due to lack of entries, or there is a death in the skater's immediate family. No refunds provided for injury, illness, travel mishaps, etc. No refunds provided for practice ice. No refunds provided for missed competitors' dinner.
- Entry fees paid for cancelled events will be refunded at, or following, the completion of the competition.
- An event will be held if there are two or more competitors entered.

FIRST EVENT FEES:

NOTE: All skaters paying the \$120 entry fee to compete in the Championship qualifying events are exempt from the \$80 first event fee. They still must pay all additional event fees as applicable.

- > First singles event for skaters competing Pre-Bronze and higher: \$80.00
- > First singles event (for those entering events ONLY below the Pre-Bronze level): \$50.00
- > First partnered event (Dance, Pairs if not competing in any singles events): \$40.00 per skater

ADDITIONAL EVENT FEES:

Each additional solo event: \$35.00 per event

Each additional partnered event: \$25.00 per person, per event

Team maneuvers event: \$15.00 per team member, paid for by each individual team member

Late entry fee (for any entry postmarked after 1/30/10): \$25.00 per skater

Service charge for returned or invalid checks: \$30.00 per check – *Must be paid prior to competing, if check bounces prior to competition.*

PRACTICE ICE FEES

Prepaid practice ice fee (postmarked by 1/23/10): \$10.00 per session

Walk-on practice ice fee (as space allows): \$12.00 per session

PLEASE MAIL COMPLETED ENTRY FORMS—WITH PAYMENT, AND ALL NECESSARY SIGNATURES BY JANUARY 30, 2010 TO:

Rochelle Revor
Attention: 2010 Adult Sectionals
1304 N. Alabama St.
Unit A
Indianapolis, IN 46202

***Checks should be made payable to:
I/WSA FSC—2010 Adult Sectionals***

LIABILITY: U.S. Figure Skating, I/WSA FSC and the Indiana/World Skating Academy accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 3222 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The traditional 6.0 judging system will be used for all events, including all Gold and Master level events. Judges ordinals and results will posted for all events in the lower level of the rink.

COMPETITION SCHEDULE:

The competition schedule will also be posted at http://www.iwsafsc.org/adult_sectionals2010.html as soon as it is available, as well as e-mailed to all competitors and coaches who provide an e-mail address. We will do our best to release the official tentative competition schedule by Monday, February 15, 2009. If you wish to receive a copy of your competition schedule by postal mail, please include a self-addressed stamped envelope.

FACILITIES:

The Indiana/World Skating Academy has two ice surfaces: both measure 200 feet X 85 feet, with rounded corners. Only the street level American rink will be used for competition, but both rinks will be used for practice ice. Dressing rooms will be available on the lower level during practice and competition. Circle Centre mall, which is located across the street from Pan Am Plaza, has a food court. Dozens of dining options are within walking distance.

REGISTRATION:

The registration desk will be open on the lower level of the I/WSA complex throughout the competition. Registration will be open beginning one hour before the first event each day and will remain open until after the final event each day. Please register promptly upon arrival. **SKATERS MUST CHECK IN AT REGISTRATION AT LEAST ONE HOUR PRIOR TO THEIR FIRST EVENT.**

AWARDS:

Distinctive medals will be awarded to 1st, 2nd, 3rd and 4th place finishers. Awards will be distributed as soon as results are posted, so please be courteous to your fellow competitors and report to the awards stand once your results are posted.

PRACTICE ICE:

Practice ice advance purchase order forms and directions are on page 16.

Reservations and payment for practice ice sessions will be accepted by mail in advance of the competition, and in person at the competition.

Practice ice purchased by the advance purchase order form will be \$10.00 per 20-minute session. Remaining practice ice can be bought at the competition at \$12.00 per 20-minute session.

Practice ice will be limited to 20 skaters per freestyle session, and the number of pairs and dance teams on per practice sessions will be limited by a number dependant on the number of entries.

NO PRACTICE ICE WILL BE SOLD BY PHONE, FAX, OR E-MAIL.

PERSONAL VIDEO AND PHOTOGRAPHY:

▫ **ABSOLUTELY NO FLASH PHOTOGRAPHY is allowed in the arena during the warm-up or during the competition, as it is a safety hazard and distraction to the skaters.**

▫ Those interested in video recording for personal use are **required** to remain in the bleachers, and electrical outlets will not be available.

MUSIC:

Please see pg. 19 for ICEtrax music uploading explanation and instructions. **All competitors competing in a music event that would usually require a CD, will be required to upload their music to ICEtrax.**

CDs will be required for all events where skaters choose music (Free Skate, Interpretive, and Free Dance). Please remember to bring at least one back-up CD and have it available at rink-side during the competition. CDs might still be requested at the registration desk upon arrival and registration. Music must be on CDs which have been labeled clearly with the skater's name, event, and length of music.

No music may be submitted on re-recordable "CD-RW" discs. No CDs will be returned by mail. The 2010 Adult Midwestern Sectionals competition committee will supply music for Compulsory Dance, Solo Dance and Improvisation events.

ACCOMMODATIONS:

Official Hotels with reserved blocks of rooms at discounted rates:

Crowne Plaza Hotel 123 W. Louisiana St. (317) 631-2221 \$139 night + taxes/parking <i>Located next door to I/WSA</i>	Holiday Inn Express 410 S. MISSOURI St. (317) 822-6400 \$114 night + taxes/parking <i>Located 3 blocks from I/WSA</i>	Comfort Inn Suites 515 S. West St. (317) 631-9000 \$114 night + taxes/parking <i>Located 4 blocks from I/WSA</i>
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Please reserve your room by Feb. 1, 2010, and mention that you are with the "2010 Adult Midwestern Sectionals" hosted by I/WSA FSC. A limited amount of rooms are available, so please reserve early.

For additional hotels within walking distance of our facility, please visit: <http://www.visitindy.com/>, <http://indydt.com/search.cfm?menu=hotels>, or http://www.iwsafsc.org/adult_sectionals2010.html

For those driving, several hotels are available 10-20 minutes away in the surrounding metro area. We recommend hotels in the Greenwood, Southport, Fishers, Castleton, and Carmel areas.

DIRECTIONS AND TRAVEL: (Visit http://www.iwsafsc.org/amids10_rink.html for more details)

DRIVING DIRECTIONS: For GPS or online direction services, our destination address is **201 S. Capitol Ave., Indianapolis, IN 46225**. For basic directions, visit: <http://www.iwsa.org/directions.html>. Indianapolis is easily accessible by I-65, I-69, I-70, I-74, and US 31.

AIR TRANSPORTATION: The new Indianapolis International Airport is located 13 miles southwest of the I/WSA facility. The Indianapolis airport is served by the following airlines: United, American, U.S. Airways, Southwest, Continental, Delta, Northwest, Frontier, Midwest, AirTran, and Air Canada. If traveling by air and staying downtown you can avoid renting a car by using the \$7 one-way Green Line Airport Express Shuttle. The shuttle runs every 20 minutes from **5:00 AM to 9:00 PM daily**, and the commute is about 15-minutes. Shuttle stops #11 and #12 stop at the block of the I/WSA facility. For more information visit: http://www.indygo.net/green_line.htm.

BUS AND TRAIN TRANSPORTATION: The Amtrak and Greyhound stations are one block from IWSA. Megabus is 7 blocks from IWSA. Visit http://www.iwsafsc.org/amids10_rink.html for more details.

A great map of the downtown Indianapolis area, listing area attractions and hotels can be found at: <http://www.indy.org/files/map/DowntownMap.pdf>.

CHEAP PARKING is available in any of the three Circle Centre mall garages for \$1.50 for 3 hours, \$3 for 3-5 hours, \$6 for 5-6 hours, \$8 for 6-8 hours, \$14 for 8-12 hours, and \$20 for 12-24 hours. (*I/WSA not responsible for price changes or \$20 event fee). These garages are located conveniently:
1) in the block north of I/WSA, with entrances located on the Illinois St., and Maryland St.;
2) one block NE of I/WSA, in the south Nordstrom block of Circle Centre mall, entrance on Georgia St.;
3) in the north Carson Pirie Scott block of the mall, entrance on Maryland St. and Washington St.
Limited parallel street parking is available and free on weekend. There is a parking garage below I/WSA with entrances on Illinois St. and Georgia St., but it is one of the most expensive garages.

2010 Adult Midwestern Sectional Championships NON-QUALIFYING EVENT DESCRIPTIONS

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SINGLES FREE SKATE

Well-Balanced Program rules apply for all free skating events. Please note that all of these events are non-qualifying, and therefore Gold and Masters events are separate from the Sectional Qualifying Championship events. **Please refer to Well-Balanced Program requirements online http://www.usfigureskating.org/New_Judging.asp?id=358 and to the most current US Figure Skating rulebook.**

Test requirements for each level are given, but skaters may compete at one level higher than their current test level for all non-qualifying events. Events may be combined at the discretion of the referee and consultation with skaters depending on number of entries.

Masters Junior/Senior Free Skate – Passed the Novice Free Skating Test, or prior to October 1, 1977, the 4th figure test. Music not to exceed 3:40.

Pre-Bronze Free Skate – Passed the Adult Pre-Bronze Free Skating Test, or the Standard Pre-Preliminary Free Skating Test or ISI Freestyle 3. Music not to exceed 1:40.

Masters Intermediate/Novice Free Skate – Passed the Intermediate Free Skating Test and no higher than the Novice Free Skating Test, or prior to October 1, 1977, the 3rd Figure Test. Music not to exceed 3:10.

No Test Free Skate – May not have passed USFS Pre-Bronze or Pre-Preliminary Free Skating Test, or above USFS Learn-to-Skate Freestyle 3, or above ISI Freestyle 2. Min. of two spins (max. of three), only spins allowed are upright forward spin, forward scratch spin, upright back spin, back scratch spin, two-foot-to-one-foot spin, two foot spin, and pivot spins. 1/2 rotation jumps are allowed, as well as toe-loop and salchow. Max. of five jumping elements, and up to two combinations or sequences of two or three rotating jumps are allowed. Music not to exceed 1:40.

Gold Free Skate – Passed the Adult Gold Free Skating Test, or after Oct. 1, 1994 the Standard Juvenile Free Skating test, or ISI Freestyle 6 but no higher. Music not to exceed 2:40.

Silver Free Skate – Passed the Adult Silver Free Skating Test, or after Oct. 1, 1994, the Standard Pre-Juvenile Free Skating Test, or prior to October 1, 1994, the Standard Juvenile Free Skating Test, or ISI Freestyle 5 but no higher. Music not to exceed 2:10.

Basic Skills Free Skate – Full Ice free skate program skated to music of skater's choice. Use elements from the Basic Skills Adult 1-4 curriculum. Max. of two spinning elements, and max. of three jumping elements. Elements exceeding the difficulty of Adult 1-4 (Basic 1-8) ARE NOT ALLOWED and will be penalized. Must not have passed higher than USFS Adult 4 or Basic 8. Music not to exceed 1:40.

Bronze Free Skate - Passed the Adult Bronze Free Skating Test, or the Standard Preliminary Free skating Test, or ISI Freestyle 4 but no higher. Music not to exceed 1:50.

PAIRS FREE SKATING

Well-Balanced Program rules apply for all free skating events. Please refer to US Figure Skating charts in the announcement appendix and to the most current US Figure Skating rulebook. Test requirements for each level are given (changes from 2009 GC are reflected for Gold, Silver, and Bronze pairs).

Events may be combined at the discretion of the referee and consultation with skaters depending on number of entries.

Masters Pairs Free Skate - The first partner of a team must have passed at least one of the following tests or higher: (1) Intermediate Pair test; (2) Intermediate free skating test. The second partner must meet the minimum requirements for this level or must have passed no less than one level lower (e.g. the adult gold pair and free skating tests are considered to be one level lower than the standard intermediate pair and free skating tests). Music not to exceed 3:40.

Adult Gold Pair Free Skate – (Amended Rule 4120) The first partner of a team must have passed at least one of the following tests: (1) Adult Gold Pairs test but not the Intermediate Pairs test; (2) Adult Gold Free skate test; (3) Juvenile Pairs test but no higher; (4) Juvenile Free skate test but no higher (with exception below). The second partner must meet the minimum requirements for this level or must have passed no less than one level lower than the first partner. *Exception: Teams in which at least one member has passed the Adult Gold Pairs test or the Juvenile Pairs test may choose to participate in an Adult Gold Pairs event even if one or both members of the team have passed a free skate test at the Intermediate level or higher.* Music not to exceed 3:40.

Adult Silver Pair Free Skate – (Amended Rule 4122) The first partner of a team must have passed at least one of the following tests: (1) Adult Silver Pairs test but no higher; (2) Adult Silver Free skate test but no higher (with exception below); (3) Pre-Juvenile Free skate test but no higher (with exception below). The second partner must meet the minimum requirements for this level or must have passed no less than one level lower than the first partner. Either member of an adult silver pairs team may have passed the Preliminary Pairs test and/or the Pre-Juvenile Pairs test, but no higher. *Exception: Teams in which at least one member has passed the Adult Silver Pairs test may choose to participate in an Adult Silver Pairs event even if one or both members of the team have passed the next level adult or standard free skate test.* Music not to exceed 2:40.

Adult Bronze Pair Free Skate – (Amended Rule 4124) Each partner of a team must have passed at least one of the following tests: (1) Adult Bronze Pairs test but no higher; (2) Adult Bronze Free skate test but no higher (with exception below); (3) Preliminary Pairs test or Pre-Juvenile Pairs test but no higher; (4) Preliminary Free skate test but no higher (with exception below). *Exception: Teams in which at least one member has passed the Adult Bronze Pairs test or the Preliminary or Pre-Juvenile Pairs test may choose to participate in an Adult Bronze Pairs event even if one or both members of the team have passed the next level adult or standard free skate test.* Music not to exceed 2:10.

COUPLES DANCE EVENTS

In the dance event, skaters may only skate on one team. Tests from any dance testing track—Standard, Adult, and/or Masters—satisfy the test requirements/restrictions. The number of patterns to be danced will be determined by the current US Figure Skating rulebook. Only Final Rounds will be skated and includes both dances. The Competition Committee will provide music for each dance.

Adult Pre-Gold/Gold Free Dance - see 4462 . Open to couples who meet the qualifications for the pre-gold or gold compulsory dance event. The referee will hold separate events for pre-gold and gold free dance if enough couples at each level do enter. Program not to exceed 3:10.

Adult Gold Compulsory Dance – One partner must have passed at least one gold dance; the other partner must have passed at least one pre-gold dance. Final Round: Paso Doble, Westminster Waltz

COUPLES DANCE EVENTS, continued (see previous page for additional couples dance event details)

Adult Pre-Gold Compulsory Dance – One partner must have passed at least one pre-gold/adult pre-gold dance; the other partner must have passed at least one silver/adult silver dance. Neither partner may have completed the gold/adult gold dance test. Final Round: Rocker Foxtrot, Killian

Adult Centennial Compulsory Dance - Both partners must be fifty (50) years of age or older by the close of entries. Both partners must have passed one pre-silver dance.
Final Round: American Waltz, Blues

Silver Dance Compulsory Dance - One partner must have passed at least one Silver dance and the other partner must have passed at least one Pre- Silver dance. Neither partner may have passed more than one Pre-Gold dance. Final Round: American Waltz, Blues

Pre-Silver Dance Compulsory Dance – One partner must have passed at least one Pre-Silver dance and the other partner must have passed at least one Bronze dance. Neither partner may have passed more than one Silver dance. Final Round: Hickory Hoedown, American Waltz

Bronze Dance Compulsory Dance - One partner must have passed at least one Bronze dance and the other partner must have passed at least one Pre-Bronze dance. Neither partner may have passed more than one Silver dance. Final Round: Hickory Hoedown, Fourteenstep

Pre-Bronze Dance Compulsory Dance – One partner in the Pre-Bronze Dance event must have passed at least one Pre-Bronze dance, and the other partner must have passed at least the Preliminary Dance Test. Neither partner may have passed any Pre-Silver dances. Final Round: Rhythm Blues, Swing Dance

Preliminary Dance Compulsory Dance – Neither partner may have passed higher than the Pre-Bronze Dance Test. Final Round: Dutch Waltz, Canasta Tango

SOLO DANCE EVENTS

Competitors in the Solo Dance: note test requirements revisions (12/18/09). Age groups and genders may be combined depending on the number of entries. Competition Committee provides the music.
Skaters may enter as many solo dance events as they are qualified for!

International Solo Dance **Silver Samba** **(2 patterns)**
Min. Test level: Completed Silver Dance Test, Max. Test level: None

Gold Solo Dance **Westminster Waltz** **(2 patterns)**
Min. Test level: Completed Silver Dance Test, Max. Test level: None

Pre-Gold Solo Dance **Killian** **(3 patterns)**
Min. Test level: Completed Pre-Silver Dance Test, Max. Test level: No more than one international dance passed.

Silver Solo Dance **American Waltz** **(2 patterns)**
Min. Test level: Completed Bronze Test Max. Test level: No more than one gold dance passed.

Pre-Silver Solo Dance **Foxtrot** **(2 patterns)**
Min. Test level: Completed Pre-Bronze Test Max. Test level: No more than one pre-gold dance passed

Bronze Solo Dance **Hickory Hoedown** **(2 patterns)**
Min. Test level: Completed Preliminary Test Max. Test level: No more than one silver dance passed.

Pre-Bronze Solo Dance **Cha-Cha** **(2 patterns)**
Min. Test level: None. Max. Test level: No more than one pre-silver dance passed.

Preliminary Solo Dance **Dutch Waltz** **(2 patterns)**
Min. Test level: None. Max. Test level: No Bronze Dances passed.

INTERPRETIVE EVENTS

Beginner, Adult, Masters, and Couples Interpretive Free Skating shall consist of a variety of skating moves and elements selected for their value in enhancing the skater's interpretation of the music he or she has chosen. Axels and double jumps will not be permitted. Costumes that enhance the performance by appropriately reflecting the character of the music, thereby enhancing the theme, will be considered in the judging. Only hand-held props will be permitted. Men and ladies may also be combined at the discretion of the referee and/or Competition Committee. In all interpretive events, the length of music is not to exceed 1:40 minutes. Vocal music is permitted.

Scoring – The judges will give two marks: the first for **Skating Technique**, the second for **Presentation**.

In marking Skating Technique, these aspects will be considered: the ease, flow, glide, sureness, power, and depth of edges; the ability to vary the speed and direction of the skating; the variety of expressive and innovative moves; the succession of movement within the program; the utilization of space and ice coverage; and style.

In marking Presentation, these aspects will be considered: the interpretation of the music and rhythm; the skater's musical timing and understanding of the phrasing of music; the use of the entire body to develop artistic and music expression; creativity; choreography and the art of arranging movements; variations in tempo, tension, emotion, and movements; the suitability of the music to the skater; and the internal motivation of movements and expression projected to the audience.

Style Categories – Please choose the category that best fits your interpretive style. Skaters will not be permitted to switch styles once entry forms are received. **Skaters are allowed to enter two interpretive events, one in each style category.** Please note that if there are not enough entries, age groups may be combined at the discretion of the referee. Style categories will not be combined.

A. Dramatic/Artistic- A program of serious, emotional artistic interpretation designed to simply interpret the music (typically dramatic, classical, power ballads, ballads, instrumental, love songs, etc.) which conveys an emotion other than humor. You may portray a specific character, so long as the portrayal does not change the nature of the program to a comedic style. For example a skater's portrayal of a clown performing to Send in the Clowns would not be considered comedic, but dramatic and appropriate for this category. Where as a skater (dressed as a clown or not) who intentionally takes spills and pratfalls to the same music for comedic effect would be considered light entertainment/comedy.

B. Light Entertainment/Comedy - A program designed to be light-hearted, entertaining, upbeat, clever, comedic or that incorporates some type of gimmick. If the skater's music is dramatic but his/her costume or style of movement creates a comedic effect, the skater should enter this category, since either effects the overall tone of the program. For example, a classical piece of music, power ballad or slow song (typically associated with dramatic styles) might be used, yet the skater's costume or frantic style of movement is what makes the program light entertainment or comedic and therefore appropriate for this category.

Masters Interpretive – A competitor in the Masters Interpretive Free Skating must meet the minimum requirements of the Adult Gold Free Skating event, any Masters Free Skating or Pair events, or passed at least one of the Silver/Adult Silver dances.

Adult Interpretive – A competitor in the Adult Interpretive event must meet the requirements of the Adult Bronze Free Skating event or the Bronze Dance event and may not exceed the requirements of the Adult Silver Free Skating event or the completed Pre-Silver/Adult Pre-Silver Dance test.

Beginner Adult Interpretive - A competitor in the Beginner Adult Interpretive may not have passed the Adult Bronze Free Skating test, the Bronze Dance test, the Pre-Preliminary tests, nor above ISI Freestyle 2.

EXTEMPORANEOUS IMPROVISATION

Also known as the “interpretive” event in most youth-oriented USFS club competitions.

Love to choreograph your own programs or just perform to other’s music while practicing? This event is for you. Sorry, coaches/friends/children/fellow competitors: you are not allowed to coach your skater during this event, so sit back and relax with the audience to enjoy the show.

- Skaters are competing to create the best choreographed program, with jumps, spins, connecting steps and other movements that best express the music.
- **How we conduct the event:** Music will be provided by I/WSA and all skaters will hear their music for the first time on their warm-up. The music will be played twice during their warm-up, starting one minute into their warm-up. Following the warm-up, skaters will be escorted to a nearby area of the rink where they cannot hear the music while their competitors skate. (Please bring your protective skate/blade guards, as we may step outside). Skaters will then hear their music one last time before their performance, with their back to the ice surface. Then, the skater will perform the program they’ve just created!

Masters Extemporaneous Improvisation – A competitor must meet the minimum requirements of the Adult Gold Free Skating event, any Masters Free Skating or Pair events, or passed at least one of the Silver/Adult Silver dances. Program will be 1:40 min. (+/- 10 seconds) in length.

Adult Extemporaneous Improvisation – A competitor must meet the requirements of the Adult Bronze Free Skating event or the Bronze Dance event and may not exceed the requirements of the Adult Silver Free Skating event or the completed Pre-Silver/Adult Pre-Silver Dance test. Program will be 1:20 min. (+/- 10 seconds) in length.

Beginner Extemporaneous Improvisation - A competitor in may not have passed the Adult Bronze Free Skating test, the Bronze Dance test, the Preliminary test, nor above ISI Freestyle 2. Program will be 1:00 min. (+/- 10 seconds) in length.

COMPULSORY SPINS EVENTS

Spins must be skated exactly as stated but **may be skated in any order**. Connecting steps may be used but will not affect scoring. All Spin events are skated without music on 1/2 ice surface. Skaters may skate up a level.

Masters Compulsory Spins – Time not to exceed 1:30. Half ice only. Open to all skaters who have passed the Gold or Juvenile Free skate test or higher.

- 1) One solo spin (minimum of 4 revolutions)
- 2) One flying spin (minimum 4 revolutions)
- 3) One combination spin, only one change of foot, at least two changes of position (min. of 4 revs/ft).

Adult Compulsory Spins - Time not to exceed 1:30. Half ice only. Open to all skaters who have passed at least the Bronze or Preliminary test, but have not passed the Gold or Juvenile Free skate test.

- 1) One solo spin of choice (minimum of 3 revolutions, no flying spin)
- 2) One spin combination with only one change of position, and no change of foot (minimum of 3 revolutions in each position)
- 3) One combination spin with only one change of foot, and one change of position is optional. (minimum of 3 revolutions on each foot).

Beginner Compulsory Spins - Time not to exceed 1:30. Half ice only. Open to all skaters who have not passed the Bronze or Preliminary Free skate test.

- 1) One foot forward upright spin (minimum of 3 revolutions, optional leg position and entry)
- 2) Choice of back ppin, Two-foot-to-one-foot spin, forward attitude spin, or another upright variation that is not a layback. (entry optional, minimum of 3 revolutions).
- 3) Two foot spin (entry optional, minimum of 3 revolutions).

COMPULSORY MOVES

Moves must be performed without music and may be skated in any order with only connecting steps necessary to link the various moves together. Except for Gold/Masters, all Compulsory Moves Events are limited to 1/2 ice surface. Mandatory deductions will be taken for unlisted or additional elements such as – jumps, spins, repetitions or unsuccessfully executed moves.

Masters/Gold Compulsory Moves – Full ice surface. Time not to exceed 2:00.

- 1) Axel
- 2) Single-Single, Double/Single, or Single/Double jump combination of choice
- 3) Solo spin of choice (Choice of entry, no change of foot, may do variations in same core position)
- 4) Combination Spin (min. 4 revs. each position, choice of entry, one optional change of foot)
- 5) Step or Spiral sequence (full ice coverage, choice of straight line, serpentine, or circular)

Silver Compulsory Moves - Half ice surface. Time not to exceed 1:30.

- 1) Flip
- 2) Loop-Loop combination
- 3) Solo single jump (May not be flip or loop, Axel is permitted)
- 4) Forward camel-sit spin (no change of foot, min. 3 revolutions each position)
- 5) Circular or straight-line footwork sequence (half ice or half circle)

Bronze Compulsory Moves – Half ice surface. Time not to exceed 1:30

- 1) Salchow
- 2) Waltz-Toe Loop combination
- 3) Solo single jump (may not be Salchow, Lutz or Axel)
- 4) Forward sit spin (min. 3 revolutions)
- 5) Step or spiral sequence (half ice or half circle)

Pre-Bronze Compulsory Moves – Half ice surface. Time not to exceed 1:30

- 1) Waltz jump
- 2) Toe Loop
- 3) Half-Flip
- 4) One foot spin (min. 3 revolutions, entry optional, free leg position optional)
- 5) Sequence of two spirals, or two lunges, or one lunge and one spiral

High Basic Skills Compulsory Moves – Half ice surface. Time not to exceed 1:30. *Minimal connecting steps from Basic 5 and below allowed. May not have passed USFS Basic 8 or Adult 4.*

- 1) Forward Edges (Min. of 4 clearly held edges: 1 RFO edge, 1 LFO edge, 1 RFI edge, 1 LFI edge).
- 2) Crossovers – minimum of 5 consecutive forward crossovers in one direction (CCW or CW) followed by 5 consecutive backward crossovers in the opposite direction.
- 3) Choice of Bunny Hop or side-toe-hop
- 4) Choice of forward spiral or forward lunge, one foot only.

Low Basic Skills Compulsory Moves – Half ice surface. Time not to exceed 1:30. *Minimal connecting steps from Basic 3 and below allowed. May not have passed USFS Basic 4 or Adult 2.*

- 1) Forward one-foot consecutive swizzles, right and left feet, min. 5 each.
- 2) Forward Snow plow stop
- 3) Backward skating (wiggles or swizzles)
- 4) Forward one foot glide – right or left.

COMPULSORY MIF/Footwork

This event was created to encourage and reward skaters' skills in moves in the field, spirals and footwork sequences. This field moves and footwork event will be skated like a moves-in-the-field test event: it will take place with no music and no connecting moves are allowed between sequences. Skaters are to stop prior to beginning their next sequence. Only steps *necessary* to transition from one sequence to another are permitted. No sequences may be repeated. There is no time limit for this event, but skaters are expected to move at a quick and reasonable pace from sequence to sequence, as they would in a moves-in-the-field test. **Skaters must be perform these moves in the order stated.**

Junior/Senior Compulsory MIF/Footwork - FULL ICE. Open to any skater who has passed at least the Novice MIF test.

- 1) MIF Pattern: Junior MIF Pattern #5: Power Pulls
- 2) Spiral Pattern: Senior MIF Pattern #2: Spiral Sequence
- 3) Step Sequence: Full ice circular, straight, or serpentine step sequence of skater's choice.

Novice/Intermediate Compulsory MIF/Footwork - FULL ICE. Open to any skater who has passed at least the Juvenile or Gold MIF test, but not passed Junior MIF.

- 1) MIF Pattern: Intermediate MIF Pattern #5: Brackets in the Field
- 2) Spiral Pattern: Novice MIF Pattern #4: Spiral Sequence
- 3) Step Sequence: Full ice circular, straight, or serpentine step sequence of skater's choice.

Gold Compulsory MIF/Footwork - FULL ICE. Open to any skater who has passed at least the Silver or Pre-Juvenile MIF test, but not passed Intermediate MIF.

- 1) MIF Pattern: Gold MIF Pattern #4: Backward double three-turns
- 2) Spiral Pattern: Spiral sequence consisting of only 3 different elements from spirals: variations of positions allowed
- 3) Step Sequence: Full ice circular, straight, or serpentine step sequence of skater's choice.

Silver Compulsory MIF/Footwork - FULL ICE. Open to any skater who has passed at least the Bronze or Preliminary MIF test, but not passed Gold or Juvenile MIF.

- 1) MIF Pattern: Silver MIF Pattern #6. Forward and backward power change of edge pulls
- 2) Spiral Pattern: Silver MIF Pattern #5. Forward right and left foot spirals
- 3) Step Sequence: Full ice circular, straight, or serpentine step sequence of skater's choice.

Bronze Compulsory MIF/Footwork - FULL ICE. Open to any skater who has passed at least the Pre-Bronze or Pre-Preliminary MIF test, but not passed Silver or Pre-Juvenile MIF.

- 1) MIF Pattern: Bronze MIF Pattern #3: Forward Power three turns
- 2) Spiral Pattern: Circular sequence consisting of only 3 different elements from spirals, lunges, spread eagles, or ina bauer's: variations of positions allowed
- 3) Step Sequence: Half-ice straight line footwork sequence or half-circular footwork sequence

Pre-Bronze Compulsory MIF/Footwork - FULL ICE. Open to any skater who has passed no higher than the Pre-Preliminary or Pre-Bronze MIF test. Skaters who have not tested MIF are encouraged to participate.

- 1) MIF Pattern: Pre-Bronze MIF Pattern #4: Waltz Eight
- 2) Spiral Pattern: Sequence of only 2 different elements from spirals, lunges, spread eagles and/or ina bauer's: variations of positions allowed
- 3) Step Sequence: Half-ice straight line footwork sequence or half-circle circular footwork sequence

COMPULSORY JUMPS EVENTS

Jumps must be skated exactly as stated AND IN THE ORDER STATED. Connecting steps may be used but will not affect scoring. All Compulsory Jumps events are skated without music on 1/2 ice surface. Skaters may skate up one level.

Masters Compulsory Jumps – Half ice surface. Time not to exceed 1:00. Open to all skaters who have passed the Gold or Juvenile Free skate test or higher.

- 1) Axel
- 2) Any solo single or double jump (different from single Axel)
- 3) Jump combination of only two jumps (may be a single/single, double/single combination, single/double, or double/double).

Adult Compulsory Jumps – Half ice surface. Time not to exceed 1:00. Open to all skaters who have passed at least the Bronze or Preliminary test, but have not passed the Gold or Juvenile Free skate test or higher.

- 1) Loop jump
- 2) Solo single jump of choice (no axel, may not be repeated in jump combination)
- 3) Jump combination of two different single jumps (no axel).

Beginner Compulsory Jumps – Half ice surface. Time not to exceed 1:00. Open to all skaters who have not passed the Bronze or Preliminary Free skate test.

- 1) Waltz jump
- 2) Toe loop
- 3) A jump sequence consisting of any 3 of the following elements (may not include other jumps): side-toe hop, bunny hop, ballet jump, mazurka, falling leaf, split jump, stag jump, half flip jump

SUMMARY OF LEVELS OFFERED FOR EACH EVENT:

EVENT NAME	EVENT LEVEL							
Pairs Free skate	Masters		Gold	Silver	Bronze			
Singles Free skate	Masters Jr / Sr	Masters Int / Nov	Gold	Silver	Bronze	Pre-Bronze	No Test	Basic Skills
Compulsory Moves	Masters / Gold			Silver	Bronze	Pre-Bronze	High Basic Skills	Low Basic Skills
Compulsory Spins	Masters			Adult		Beginner		
Compulsory Jumps	Masters			Adult		Beginner		
Interpretive: Artistic/Dramatic	Masters			Adult		Beginner		
Interpretive: Light/Comedy	Masters			Adult		Beginner		
Improvisation	Masters			Adult		Beginner		
MIF/Footwork	Junior / Senior	Interm. / Novice	Gold	Silver	Bronze	Pre-Bronze		
Solo Dance	International	Gold	Pre-Gold	Silver	Pre-Silver	Bronze	Pre-Bronze	Pre-liminary
Couples Dance	Centennial	Gold	Pre-Gold	Silver	Pre-Silver	Bronze	Pre-Bronze	Pre-liminary
Free Dance		Gold	Pre-Gold					
Team Compulsory Moves	Masters			Adult		Beginner		

TEAM COMPULSORY MOVES

Competition format:

****PLEASE READ CAREFULLY. THERE ARE MANY DIFFERENT WAYS TO RUN THIS EVENT.****

- In this event, each element listed will be performed by a member of a 3-5 person team.
- Team compulsory moves will be performed on full ice, with no music.
- Each element will be evaluated by the judges, but final placements will be determined by the combined performance of the entire team. Connecting moves between elements will not be considered in the scoring of this event.
 1. All teams in an event will participate in a general two-minute warm-up (stroking).
 2. Teams will then each quickly choose a location on the ice to stand against the boards
 3. Then, the referee will call each element in the order listed. Each team will designate a one skater to perform the element. All skaters performing that element will have an opportunity to warm up the element (approx 1 minute).
 4. Then, the designated skater from each team will perform the element one at a time, upon direction of the referee.
 5. After each team's designated skater has completed the element, the next element will be called. The skate order may change for each element performed (Team 1 goes first for the first move, Team 2 goes first for the second move, Team 3 goes first for the third move, etc.)

NOTE: No team signs permitted. No props may be used at any time in this event.

Team Composition:

Both men and ladies may compete on the same team. Skaters on a team do not have to represent the same club. Teams must have a team name and a team captain (a contact person), indicated on the team's entry form. Each team member is responsible for their own entry fee. A skater may only take part in two different teams if they are at two different levels (i.e. Suzie Q. Skater may skate on the Awesome Axels in High Team, and Mighty Masters in Masters Team).

Can't find enough teammates? If you would like to compete in the team event but cannot gather enough skaters to form a team, please e-mail Rochelle Revor at rochellerevor@gmail.com and she will do her best to find a team for you join.

Each member of a team may perform one or two maneuvers. However, a skater may not perform more than one element in each category (i.e. one skater cannot perform all of the jumps, etc).

MEMBER WITHDRAWS: If a team member withdraws from the competition, an original teammate may perform the element in the absent skater's place or a team may list one alternate skater.

Masters Team Compulsory Moves – There is no maximum or minimum test level for this event.

1. Flying spin of choice
2. Combination spin with one change of position (change of foot optional)
3. Single Axel
4. Jump combination of any two single jumps, or one double and one single jump (may include Axel)
5. Choice of a full-ice step or spiral sequence

Adult Team Compulsory Moves – May have passed no higher than the Juvenile or Gold FS test:

1. Solo spin of choice (No flying entrance; choice of forward or back edge entry)
2. Combination spin with only one change of position (change of foot optional)
3. Lutz jump
4. Jump combination of any two single jumps (may include axel)
5. Choice of a full-ice step or spiral sequence

Beginner Team Compulsory Moves – May have passed no higher than the Prelim. or Bronze FS test:

1. One foot upright spin (choice of forward or back edge entry)
2. Sit spin
3. Waltz jump
4. Jump combination or sequence of any two single or half revolution jumps (no axel)
5. Forward spiral and backward spiral (may be on same foot)

2010 Adult Midwestern Sectional Championships NON-QUALIFYING ENTRY FORM – Page 1 of 2

Name: _____ Sex: M / F Age as of 1/30/2010: _____

USFS Club/ or Learn-to-Skate Rink: _____ Birth Date: ____/____/____

USFS Number (if a member): _____ Contact E-mail: _____

Street Address: _____ City: _____

State: _____ Zip: _____ Phone # (evening/weekends):(____)_____

This is my first time competing at any USFS Adult Sectionals competition? Yes / No

This is my first USFS Adults-only competition? Yes / No

USFS TEST LEVEL AS OF 1/30/2010:

Free Skate: _____ MIF: _____ Dance: _____ Pairs: _____

WAIVER OF CLAIMS FOR INJURY

I fully understand that skating involves the risk of serious bodily injury. I accept such risks and assume responsibility for any losses, costs, or damages incurred as a result of participating in this competition, during practice or any other time on Indiana/World Skating Academy premises. I agree to indemnify and hold harmless Indiana/World Skating Academy, Indiana/World Skating Academy FSC, its Board of directors, volunteers, and agents from all liability, claims, losses, or damages on my account.

Signature of competitor: X _____ Date: ____/____/____

CLUB OFFICER OR TEST CHAIR SIGNATURE REQUIRED FOR ALL COMPETITORS Pre-Bronze and above:

To the best of my knowledge, the information on this application is correct and true. The competitor is a member in good standing of our club.

Signature: X _____ Printed Name: _____

Title: _____ Date: ____/____/____

COACH SIGNATURE REQUIRED FOR ALL COMPETITORS WHO HAVE A COACH. USFS Coach Registration required.

I confirm I have reviewed this entry form and my competitor has entered the correct event(s):

Coach's Signature (required) X _____ Date: ____/____/____

Coach's name: _____ *Coach's e-mail address: _____

*We will ONLY e-mail schedules. Please provide an accurate e-mail address. If you would like the schedule to be sent via postal mail, please provide a stamped self-addressed envelope.

Coach's phone # (daytime): (____)_____ (evening/weekends): (____)_____

There will be a \$10.00 charge to change events after your application has been processed, if it is due to competitor/coach error. Please proofread and check to be sure that you have entered the correct event(s).

- 1) I confirm I am eligible to enter all events on this entry form, and I will be charged \$10 to change events that are due to an error by me or my coach. (No charge if you are offered to switch events due to a lack of entries).
- 2) If my check(s) is returned/invalid, I must pay I/WSA FSC \$30 per check before I am allowed to compete.
- 3) I am aware that no refunds will be issued unless the event is cancelled due to lack of entries, or there is a death in the skater's immediate family. No refunds will be provided for injury, illness, travel mishaps, etc.

Competitor's Signature: X _____ Date: ____/____/____

2010 Adult Midwestern Sectional Championships NON-QUALIFYING ENTRY FORM – Page 2 of 2

Name: _____ Contact E-mail: _____

If pairs or couples dance, partner's name: _____

Please circle or highlight the level for each event which you are entering:

EVENT NAME	EVENT LEVEL							
Pairs Free skate	Masters		Gold	Silver	Bronze			
Singles Free skate (* = NON-QUALIFYING)	*Masters Jr / Sr	*Masters Int / Nov	*Gold	Silver	Bronze	Pre- Bronze	No Test	Basic Skills
Compulsory Moves	Masters / Gold			Silver	Bronze	Pre- Bronze	High Basic Skills	Low Basic Skills
Compulsory Spins	Masters			Adult		Beginner		
Compulsory Jumps	Masters			Adult		Beginner		
Interpretive: Artistic/Dramatic	Masters			Adult		Beginner		
Interpretive: Light/Comedy	Masters			Adult		Beginner		
Improvisation	Masters			Adult		Beginner		
MIF/Footwork	Junior / Senior	Interm. / Novice	Gold	Silver	Bronze	Pre- Bronze		
Solo Dance	Inter- national	Gold	Pre-Gold	Silver	Pre-Silver	Bronze	Pre- Bronze	Pre- liminary
Couples Dance	Centennial	Gold	Pre-Gold	Silver	Pre-Silver	Bronze	Pre- Bronze	Pre- liminary
Free Dance		Gold	Pre-Gold					
Team Compulsory Moves	Masters			Adult		Beginner		

If competing in Team Compulsory moves:

Team Name (or captain, if name undecided): _____

Teammates: _____

FIRST EVENT FEES:

NOTE: All skaters paying the \$120 entry fee to compete in the Championship qualifying events are exempt from the \$80 first event fee; will pay all additional event fees.
 > First singles event, Pre-Bronze and higher: \$80.00
 > First singles event, ONLY below the Pre-Bronze: \$50.00
 > First partnered event (Dance, Pairs if not competing in any singles events): \$40.00 per skater

LATE FEE IF POSTMARKED AFTER 1/30/2010: \$25

ADDITIONAL EVENT FEES:

Each additional singles/solo event: \$35.00 per event
 Each add. partnered event: \$17.50 per person, event
 Team Compulsory Moves event: \$15.00 per team member, paid for by each individual team member

ENTRY FEES:

\$ _____ .00 First Event Fee
 \$ _____ .00 Additional Event Fees total
 \$ _____ .00 Team Compulsory Moves event
 \$ _____ .00 Late Fee (if mailed after 1/30/2010)
\$ _____ .00 Total Payment, included w/ form

Please mail completed entry forms & payment by Saturday, January 30, 2010, to:

Rochelle Revor,
 Attn: 2010 Adult Sectionals,
 1304 N. Alabama St., Unit A,
 Indianapolis, IN 46202

Make Checks Payable to:

I/WSA FSC – 2010 Adult Sectionals

Questions? Concerns?

Contact Rochelle at rochellerevor@gmail.com

PRACTICE ICE ADVANCE PURCHASE FORM

Practice ice for the 2010 Adult Midwestern Sectional Championships may be purchased:

- >> By filling out this form and mailing it with payment, and then schedule your sessions online.
Practice ice reserved in advance with this form will be \$10 per 20 minute session.
- >> In person at the practice ice desk during the competition, at \$12 per 20 minute session.

For those purchasing practice ice in advance, using this order form:

In Mid-February 2010, you will receive confirmation that we received your form, and we'll provide you with a PIN number and a direct link to the website where you will schedule your practice ice sessions. This is the same system by Don Korte, used at the 2009 Adult National Championships.

To reserve your sessions, you will log on using that provided link with your name and the personal identification number (PIN) which will be provided to you via your confirmation email. The schedule of Practice Sessions will be published online when the Competition schedule is published. To ensure a fair chance for everyone, online reservation capability for those sessions will be "turned on" at a time/date which will be published when the schedules are published. This "turn-on" time will be early evening at least 24 hours after the publication of schedules. Online reservation capability will be turned off at approx. 6:00 pm on Thursday, March 11, 2010.

All singles skaters may reserve up to 2 sessions per day. All ice dancers (entered in solo and/or couples dance) and pairs skaters may reserve up to 2 additional sessions per day, per discipline. All competitors will be available to purchase additional practice ice in person at the competition, as space is available. You may only reserve sessions appropriate to the event(s) you have entered. If you are found skating on an inappropriate session or unpaid session, the ice monitor may require you to leave the session. **Practice ice payments are not refundable.**

Practice ice will be designated by discipline (freestyle, pairs, dance and solo dance) as entries and schedule permit, and non-designated open sessions will be available. Practice ice will be held approx. 6 PM – 10 PM EDT on Friday, March 12, in the competition rink. On Saturday, March 13, and Sunday, March 14, practice ice will be held in the morning prior to the start of events and at appropriate intervals through out the competition. Saturday and Sunday practice ice will be held in the competition rink and the downstairs practice rink, though sessions will be limited on the competition rink.

Checks should be made payable to "I/WSA FSC – 2010 Adult Sectionals Practice Ice"

Please include a valid email address so that we may send you your private PIN. Do NOT share your PIN with anyone. I/WSA FSC and sk8stuff.com are not responsible for changes made online by authenticated users.

If you have any questions, please email Mike Cunningham at mjc@uwalumni.com.

This form, with payment must be postmarked by January, 30, 2010 for Qualifying and Non-Qualifying Competitors. Please send this form with payment to:

Mike Cunningham
Adult Midwestern Sectionals – Practice Ice
1178 Vestman Court
Greenwood, IN 46143

Name of skater: _____

Name of Partner(s) if entered in pairs/dance: _____

Email: _____ Phone number: _____

Event(s) & level(s) entered: _____

If planning to schedule practice ice on Friday, March 12:

Estimated earliest time of arrival to rink on Friday, March 12: _____ PM (flying or driving?)

Number of sessions desired: _____ x \$10/each = \$ _____ .00 total

Practice Ice Chair's use only] Payment received: Check # _____ Website PIN # _____

VOLUNTEER FORM

Friday, Saturday, and Sunday's 2010 Adult Midwestern Sectional Qualifying and Non-Qualifying portions of the competition will involve over 300 volunteer hours. Will loose some volunteers to spring break, so many of the hours will be fulfilled by our own I/WSA FSC members and area club members who are also competing here. We would greatly appreciate any volunteer time that any coaches, competitors, competitors' family members, etc. can willingly and eagerly commit to.

If you are interested in volunteering during our competition, please fill out this form and either e-mail it to Rochellerevor@gmail.com, or mail to: Rochelle Revor, ATTN: 2010 Adult Sectionals, 1304 N. Alabama St., Unit A, Indianapolis, IN 46202.

NAME: _____ CELL: _____

E-MAIL: _____ CITY/STATE: _____

COMPETITION LEVELS & EVENTS ENTERED: _____

I'm interested and experienced in helping in the following areas:

YES / NO:	Registration Desk	_____	I'm inexperienced but willing to help
YES / NO:	Awards	_____	I'm inexperienced but willing to help
YES / NO:	Competition Ice Monitor	_____	I'm inexperienced but willing to help
YES / NO:	Practice Ice Monitor	_____	I'm inexperienced but willing to help
YES / NO:	Hospitality	_____	I'm inexperienced but willing to help
YES / NO:	Announcing	_____	I'm inexperienced but willing to help
	Other:	_____	

I would like to volunteer the following amount of hours on (please circle any that apply):

Friday: 1 hour / 2 hours / 3 hours / 3+ hours / Not sure until the schedule is out, but I will

Saturday: 1 hour / 2 hours / 3 hours / 3+ hours / Not sure until the schedule is out, but I will

Sunday: 1 hour / 2 hours / 3 hours / 3+ hours / Not sure until the schedule is out, but I will

Rochelle Revor will contact you directly once the competition and practice schedule has been released to determine a volunteer schedule that does not conflict with your competition participation and other commitments.

Special comments:

Also, if you have a child with you for the weekend who may be very interested in helping as a "sweeper" to pick up gifts thrown to the ice, please let us know. ☺

Thank you for your willingness to volunteer for the 2010 Adult Midwestern Sectional Championships!

*All competitors, coaches and their guests are invited to join
together for a competitors' dinner:*

Saturday, March 13, 2010

Time tentative, following the completion of Saturday's last event (7 PM?)

**The Old Spaghetti Factory
One block west of the I/WSA rink
\$16.00 per person**

Your \$16 payment includes: Taxes, group gratuity, crisp salad, hot fresh baked bread, coffee, hot tea, ice tea or milk, signature spumoni ice cream, and choice of one of the following three entrees:

The Premier Factory Platter

Special recipe Lasagna and Chicken Marsala. Lasagna made from scratch with layers of noodles, marinara sauce, ground beef and pork, and four kinds of cheese. Chicken Marsala made of seasoned breast of chicken with fresh mushrooms and marsala wine.

Italian Sausage with Meat Sauce

Zesty sausage served with Riche Meat Sauce

Fettuccine Alfredo

Fettuccine noodles in a butter cream sauce with shredded Romano cheese

Your \$16 payment does not include: Any soft drinks, alcoholic drinks, additional deserts, or additional food items not listed above. These may be purchased and the restaurant will charge you directly.

After January 30, 2010, space may not be available for additional reservations. Since Saturday evenings are peak business for downtown restaurants, we must give the restaurant a final count by February 10, 2010. Only a half-dozen 'tickets' will be available for purchase after that date, and will not be reserved until payment is received.

Sorry, dinner payments are not refundable. If we reserve for 50 people, we'll have to pay for 50 people even if not everyone shows up. You can "sell" your spot to a friend instead: just notify us of who it is.

Please mail completed entry forms & payment by Saturday, January 30, 2010, to:

Rochelle Revor,
Attn: 2010 Adult Sectionals,
1304 N. Alabama St., Unit A,
Indianapolis, IN 46202

NAME: _____ PHONE: _____

E-MAIL: _____

COMPETITION LEVELS & EVENTS ENTERED: _____
(or students competing, if a coach) _____

ADDITIONAL GUEST(S) NAME(S): _____

TOTAL GUESTS _____ X \$16.00 = _____ TOTAL PAYMENT, DUE WITH FORM

Special notes (food allergies, diet restrictions, etc.):

The 2010 Adult Midwestern Sectional Championships is a trial site for the ICEtrax music system.

ICEtrax is similar what is already in place at the standard U.S. National Championships, the World Championships, and other elite competitions where all skaters' music is uploaded to a computer and played from that computer program, thus eliminating most common CD errors such as skipping, varying volume, CDs that can't be read, etc.

All competitors competing in events where a CD of music would be provided for their program are required to download their music at www.icetrax.net. Please see instructions below.

Any competitor who doesn't submit a CD of music before the competition, will have their music uploaded to ICEtrax when they register at the competition.

All competitors are still required to bring two copies of their music to the competition: one to keep available rink side as a back up, and one available to submit for competition playing (as you would for any other competition) incase we decide to collect CDs after all.

All competitors: Please upload your music to icetrax.net by Monday, March 1, 2010.

ICEtrax Instructions: Upload capabilities will begin sometime in January.

Registration

ICEtrax will include an option for participants to sign-up. This option will be found on the website, www.icetrax.net.

- 1) Using a browser, the participant will go to www.icetrax.net. They will select the option "Sign Up" located on the front of the website.
- 2) The participant will enter all required fields on the screen. This will provide an account to the participant. They will then be able to sign in to the application.
- 3) The account will be temporary, and will be purged immediately following the competition.

Music Upload

Music management for the performers is the key to ICEtrax. As part of this effort, participants will need to upload their music, and associate it with a competition.

- 1) Using a browser, the participant will go to www.icetrax.net. They will select the option "Log In" located on the front of the website.
- 2) Once logged in, the participant will be within their account. They will select the "Music" tab.
- 3) From the Music tab, the participant will browse for their song (on their local PC), and click the upload button. This will move the song up to the server, under their account.

Competition Management

Once the participant has created an account, and uploaded their music, they will need to sign up for a competition. This is done within the competitions area.

- 1) After logging in to ICEtrax, the participant will select the Competitions tab. They will then select the competition they are signing up for. They will then have the ability to enter pertinent information regarding their entry, and this will associate their music with the competition.

Problems? Please contact info@icetrax.net.

--ICEtrax Owner & President, Craig Joeright